



For immediate release

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## **College of Idaho, Southern Oregon Picked 1-2 in CCC Women's Basketball Preseason Poll** **Only 2 Poll Points Separate Yotes and Raiders; Concordia Picked Third, Warner Pacific Fourth**

PORTLAND, Ore. – In a conference-wide coaches' vote decided by just two points, defending regular season co-champion College of Idaho is a slight favorite to win the 2009-10 Cascade Collegiate Conference women's basketball crown.

The Yotes totaled 93 points and received four first-place votes to edge Southern Oregon, which totaled 91 points and four first-place votes. Concordia, which shared the regular season title and won the CCC postseason tournament last year, collected the remaining two first-place votes and totaled 81 points to finish third in the balloting.

Warner Pacific was picked fourth, and was followed by Eastern Oregon, Corban, Oregon Tech, Northwest, Evergreen and Northwest Christian.

The CCC's 18<sup>th</sup> season of women's basketball tips off at the end of the month when Eastern Oregon faces Walla Walla University in a non-conference game.

College of Idaho returns four starters from last year's squad, which went 29-5 overall and advanced to the NAIA Championships in Sioux City, Iowa. Top returnees include junior guard Nicole Gall, an

honorable mention NAIA All-American who averaged 14.5 points and 4.5 rebounds in addition to totaling 95 steals; senior forward Whitney Owen, who averaged 11.7 points and 6.5 rebounds per game; sophomore guard Meghan Hughes (7.0 ppg, 3.1 rpg); and junior forward Nicole Bruce (7.3 ppg, 6.3 rpg).

Southern Oregon, which won the CCC title in 2007-08, returns a trio of starters in senior forward Jacki Speer, senior guard Whitney Scott, and senior forward Ashley Baker. Speer averaged a CCC-best 11.3 rebounds per game in addition to scoring at a 16.6 clip per game. Scott averaged 13.1 points per game and finished fourth in the CCC in assists per game.

Concordia returns a pair of starters in junior forward Danielle Clauson (11.9 ppg, 5.0 rpg) and senior center Ann Snodderly (10.3 ppg, 6.0 rpg, 81 blocked shots). The Cavs went 29-4 last year and advanced to the second round of the NAIA Championships.

### **2009-10 CCC Preseason Women's Basketball Poll**

	Pts	2009-09 Records	
		Overall	CCC
1. College of Idaho (4) .....	93	29-5	18-2
2. Southern Oregon (4).....	91	25-7	16-5
3. Concordia (2) .....	81	29-4	18-2
4. Warner Pacific .....	66	15-16	10-10
5. Eastern Oregon.....	62	18-10	13-7
6. Corban .....	49	12-17	8-12
7. Oregon Tech .....	44	14-16	7-13
8. Northwest.....	25	9-21	7-13
Evergreen .....	25	10-17	5-15
10. Northwest Christian .....	15	8-21	3-17

*First place votes in parentheses*